



Summer 2019

Summertime, and the livin' is
easy

Fish are jumpin' and the
cotton is high

Oh, your daddy's rich and
your ma is good-lookin'
So hush, little baby, don't you
cry

One of these mornings you're
gonna rise up singing
And you'll spread your wings
and you'll take to the sky
But till that morning, there
ain't nothin' can harm you
With daddy and mammy
standin' by

Summertime, and the livin' is
easy

Fish are jumpin' and the
cotton is high

Oh, your daddy's rich and
your ma is good-lookin'
So hush, little baby, don't you
cry.

Lyrics by Du Bose Hayward
and George and Ira Gershwin



Abercorn Care Limited

Newsletter



Summer 2019 Newsletter



Welcome to the Summer Newsletter.

Staff Training

Staff will be busy over the next few month with training.
Some of the training staff will be involved in is:

- SVQ level 3 & 2
- Moving & Assisting Training
- Dementia Training
- Adult Support & Protection
- Person Centred Care
- Caredocs Training
- Fire Training





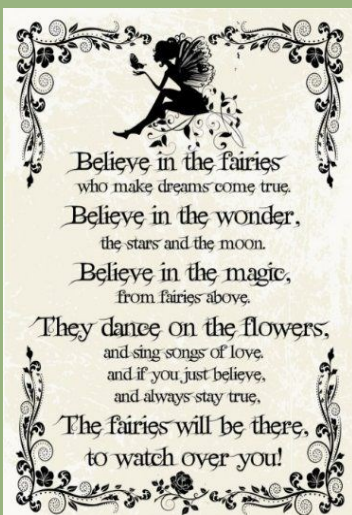
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Tracy Emin's "Roman Standard" is a small bird cast in bronze on top of a thirteen foot pole. The sculpture is in front of the imposing gallery and easily missed but is a little work of art, quite literally!



Archerfield, Walled Garden and Fairies



Trip to Modern Art Gallery

On a beautiful Summer's afternoon in June, residents from Abercorn and Viewpark enjoyed a trip to the Modern Art Gallery to attend a talk about the sculptures in the Gallery's grounds.

Betty and Eleanor from Abercorn along with Rosa and Marion from Viewpark joined gallery staff to hear about the installations and their meanings. A lovely day was had by all.



Trip to Archerfield and Walled Garden



Joe, Betty and Monica enjoyed a walk around the Walled garden, all finished off with tea and scones in the café. It was a lovely drive in the people carrier along the coastal roads.





Summer 2019



Musical Visits



Marion Melrose and Marion Baxter from Viewpark joined Abercorn residents for the musical quiz from Tony Smith

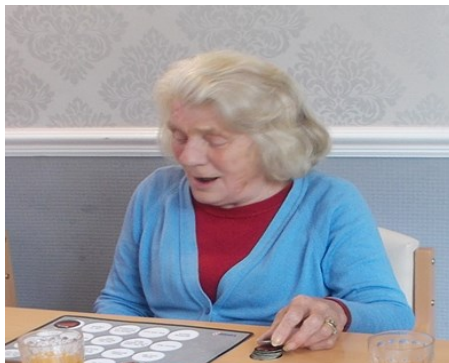
Barge Trips July and August

Residents from Abercorn and Viewpark enjoyed a jaunt with Seagull Trust down the Union Canal. The weather was mixed for us but we all enjoyed a packed lunch and a good old blether with the crew.



Residents on the trip included Mary, Joe, Betty, Pat and daughter Lesley from Abercorn and Rosa, Gerry, Lizzie, Gloria and John from Viewpark along with their new Activities Co- Ordinator Rowan, who read some interesting facts to us about the Union Canal and Seagull Trust.

Summer Fun in Abercorn



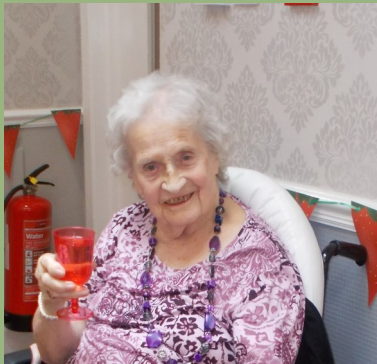
Cathy and Monica enjoyed some Summer sun and along with Margaret, Gladys and Mary Wood all enjoyed a game of Musical Bingo with nibbles and refreshments.



Summer 2019



Mary McKay and her daughters enjoy the afternoon



Monica raises a toast to the day



Kate her niece Anne enjoy a chat



Strawberry Tea - Abercorn



Once again our chef Brian put on a fantastic feast of all things Strawberry. Sadly he was unable to help with the weather but a good day was had by residents, family and friends. We were also joined by Margot Falconer who added to the fun with a singalong!





Summer Sun

Great is the sun, and wide
he goes
Through empty heaven with
repose;
And in the blue and glowing
days
More thick than rain he
showers his rays.

Though closer still the blinds
we pull
To keep the shady parlour
cool,
Yet he will find a chink or
two
To slip his golden fingers
through.

The dusty attic spider-clad
He, through the keyhole,
maketh glad;
And through the broken
edge of tiles
Into the laddered hay-loft
smiles.

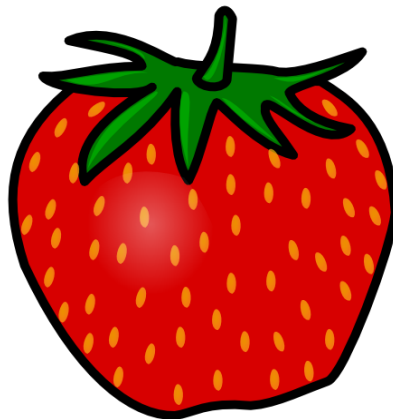
Meantime his golden face
around
He bares to all the garden
ground,
And sheds a warm and
glittering look
Among the ivy's inmost
nook.

Above the hills, along the
blue,
Round the bright air with
footing true,
To please the child, to paint
the rose,
The gardener of the World,
he goes.

By Robert Louis Stevenson

Strawberry Tea - Viewpark

The strawberry tea in Viewpark was a quiet event. However, the residents had a great time enjoying all the wonderful cakes and tarts Simon prepared for them. We listened to some music and had visits from a couple of relatives.



Jim Mackie—Entertainer

Jim Mackie an entertainer for the 3 homes, and has been coming for many years suddenly died a few weeks back. Our condolences are to his family at this sad time.





Spring 2019



Joe looked out to sea and Betty is wrapped up for the Summer weather at North Berwick !



Joe and the Oor Wullie statue outside the bird centre

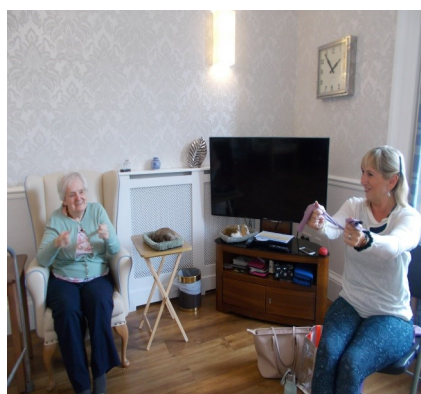
Fringe by the sea—North Berwick



Joe, Monica , Betty and our Student Nurse Harley all went to North Berwick for Fringe By The Sea , there was a decidedly chilly sea breeze and we all welcomed a warm cuppa in the Scottish Seabird Centre.

Exercise Class Abercorn & Viewpark

On a Thursday afternoon residents in both homes enjoy a gentle yoga class with Elaine and Mary Wood and Mary McKay have fun using the bands



Monica, Eleanor, Gladys and Mary enjoyed an afternoon of crafting decorating keyrings along with Haley, Sharon and Alice along with lots of malteesers and banter





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The dining area is set for the birthday celebrations.



Margaret Douglass 100th Birthday



On the 13th of August Margaret's family, residents and staff all gathered to celebrate her 100th birthday and she was delighted to receive her card from the Queen commenting on how lovely the Queen's outfit was. The card continues to take pride of place in her room.

Famous Hibs Players

The Famous Five, can you name them ?



Gordon Smith
Lawrie Reilly
Eddie Turnbull
Bobby Johnstone
Willie Ormond

East Coast trip & Gosford Farm



Gerry, Gloria and Rowan from Viewpark joined Monica and Betty from Abercorn for a trip out along East Lothian we stopped off at Gosford Farm Café for tea and cake. We had some good weather too.

Hibernian Stadium & Football Memories

In September we had a visit to the Hibs stadium with die hard "Hibbees" John Leslie from Viewpark and Joe McPherson from Abercorn. Betty and Gerry, an Aston Villa fan, said it had been lovely to share their memories with the staff over tea and biscuits.





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Shopping for the cheese and wine and afternoon coffee in Morrisons

Visitors



Itsy bitsy spider
Climbed up the spout;
Down came the rain
And washed the spider
out;
Out came the sun
And dried up all the rain;
And the itsy bitsy spider
Climbed up the spout
again



Spring Gardens Ratho Barge trip



We had our last trip in August and had one of the sunniest and warmest days in a long time. The residents thoroughly enjoyed a picnic lunch with filled rolls, cakes, sausage rolls, crisps pork pies, and trifle for dessert.



We continue to have a seasonal visit from our wee friends Rochine, Angus, Cara -May, Charlie and Zoe's wee boy the other Angus. This time Margot Falconer came along and treated us all to some suitable music for one and all.



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Afternoon Tea at Brewers
Fayre



I like a nice cup of tea
with my dinner,
And a nice cup of tea
with my tea,
And when it's time for
bed,
There's a lot to be said
For a nice cup of tea



Promenade—Portobello



On most nice sunny days you will always find residents from Spring Gardens either up at Abercorn Park or on the Promenade people watching. The residents meet up family and friends often and we have a good wee natter and laugh with everyone.

If its not Ailsa out and about , your sure to see Bet Thomson and Carol Airlie either sitting on the wall having ice cream or chatting to someone in the portobello community garden.



Tom and Kenneth also like to sit there and reminisce.





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Recipe for a Strawberry mocktail

Ingredients

4 ounces Pineapple Juice
2 ounces Coconut Cream
1 cup ice Fresh
Strawberries
Blender
Cut Crystal Cups

Directions

In the blender purée a handful of fresh strawberries, set aside. Combine the pineapple juice, coconut cream and ice. Blend until slushy.

Pour the coconut mixture into a Cut Crystal Cup. Swirl in the strawberry puree.

Garnish with a fresh strawberry and striped straw.



Strawberry Tea - Spring Gardens



What a delightful relaxing afternoon tea was enjoyed by everyone. Many remarked that the soft vintage background music added to the ambience.

The turn out was amazing and thank you to everyone for joining us. The weather was extremely kind as well, the chocolate fountain was a big hit from the children and the strawberry fruit punch was very welcome for the relatives who had brought their cars

