Spring

IN SPRING TIME - Terry Hoffman

In springtime the birds do all sing, announcing what nature will bring

New eggs in a nest a robins love fest and bunnies just having a fling!

In springtime ,there comes a new birth. New creatures appear on the earth

The birds and the bees all do as they please and all are surrounded by mirth

In springtime, the brooks do run clean. The tulips pop up and a buttercup and the daisies are making a scene

In springtime the sky is so blue, sublime and ethereal hue. The air is so new it smells of the dew. You know you will find your love true

Abercorn Nursing Home Newsletter

Spring 2019 Newsletter

Welcome to the Spring Newsletter.

Staff News

We would like to welcome Isaac Nyarkoh and Anne Shaw who have joined us as Support Workers. Welcome to you both.

We would also like to say farewell to Linda Fairgreive who has left to take on a new role. Good Luck Linda!

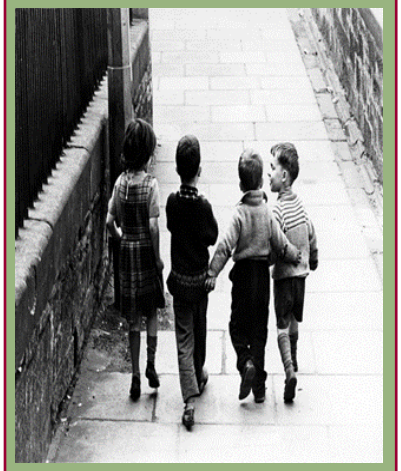
A big congratulations to Louise Doyle and Emma Sullivan who had their babies in the last couple of months.

Staff Training

Staff will be busy over the next few month with training. The list below is some of the training staff will be involved in.

- SVQ level 3
- Moving & Handling Training
- Dementia Training
- Adult Support & Protection
- Person Centred Care
- Care Docs Training

Spring 2019



Robert Blomfield practised street photography across the UK from the 1950's and 70's beginning in Edinburgh where he practised medicine. He adopted an unobtrusive fly on the wall approach, seeking interesting or amusing scenes in a rapidly changing post war period

Mrs Peggy Donald browses all the memorabilia in the Living Memory Centre at Ocean Terminal

Trip to City Art Centre

There was a trip to the City Art Centre for an exhibition of pictures by Robert Bloomfield followed by coffee and cake at Mimi's. Mrs Monica Montgomery, Mrs Peggy Donald, Mrs Cathy Notman, Mrs Pat Young and daughter Lesley said they had all enjoyed seeing the photographs at the exhibition particularly the ones of Edinburgh and trying to guess the location.

Living Memory Association

Miss Betty Gill, Mrs Eleanor Murray and Mrs Peggy Donald all enjoyed reminiscing at the Living Memory Centre and welcomed afternoon tea at Debenhams overlooking the Royal Yacht Britannia.

Spring 2019

Singing has been shown to improve our sense of happiness and wellbeing. Research has found that people feel more positive after singing than they do after just listening to music. One of our favourites is the Beatles Yellow Submarine, you cant help but sing along

In the town where I was born lived a man who sailed to sea and he told us of his life in the land of submarines

So we sailed up to the sun 'Til we found a sea of green and we lived beneath the waves in our yellow submarine

We all live in a yellow submarine, yellow submarine, yellow submarine

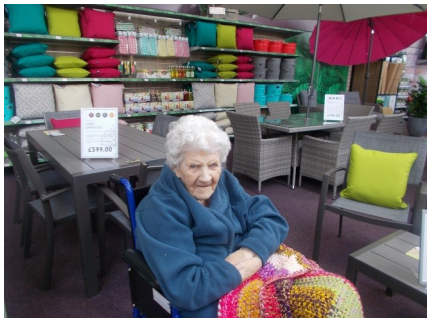
We all live in a yellow submarine, yellow submarine, yellow submarine

Singing Group

Residents from Abercorn and Viewpark Nursing home have enjoyed meeting up and socialising for the singing group visiting each of the homes in turn and we hope that residents from Spring Gardens will be joining us soon.

Klondyke Garden Centre

We continue to make good use of our company car and have enjoyed trips down the coast and reminisced on our jaunts around Edinburgh. Mrs Betty Gill, Mr Joe MacPherson and Mrs Gladys Falconer all had a lovely afternoon at the garden centre and enjoyed tea and millionaires shortbread in the restaurant.



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Mary Wood, Monica Montgomery, Eleanor Murray and Mr David Robertson all made Easter decorations

Easter Crafts & Afternoon Tea

All of our residents joined in the Easter celebrations. Everyone received an Easter box full of chocolate goodies Our afternoon tea with hot cross buns was enjoyed by all. On the 18th of April we welcomed Rev George Cruickshank for our Easter morning devotions. As you can see Mrs Margaret Douglas an Mrs Cathy Notman were delighted with their Easter Box and Mr David Robertson was joined by his wife Pat for a refreshing cuppa and hot cross buns

Spring 2019

On a trip to Gullane we stopped to admire the mussel sculpture at Musselburgh and it seemed apt that our fisherman and mussel lover Joe should have his picture taken with the artwork. It is by Michael Johnson and he has named it "Memory and Reflection" it depicts aspects of Musselburgh's history and connections to the sea

Betty and Joe on the mirrored side reflecting the coastline.

Enjoying the Good Weather

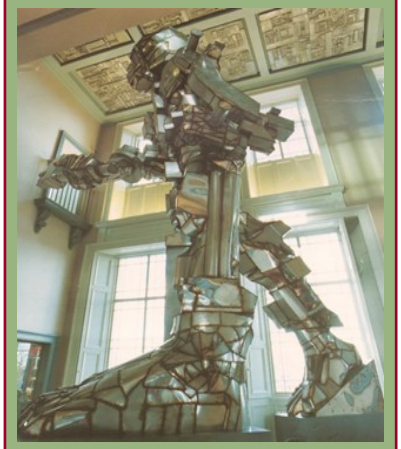
We enjoyed some sunshine during April and residents were able to enjoy time in the garden.

Mrs Kate Robinson with her friend Margaret enjoying a chat in the garden they were joined by Eleanor, Monica and Margaret.

Mrs Lesley Morisetti joined Betty, Mary, Gladys and Louise on a walk around the Daisy Park to admire the cherry blossom. Margaret had her photo taken at her favourite tree before we continued our journey along the Promenade.

Spring 2019

The Luminate Festival takes place throughout May and we were able to attend 2 of the events. On the 13th of May we were at the Modern Art Gallery for sculpting and the exhibition by Eduardo Paolozzi



Eleanor and Bettys sculpture's placed in the garden for all to see

Glencorse Community Centre

May was to be a busy month and we started the month off with a trip to Do Ray Me and a cup of tea at Glencourse Community Centre where we joined residents from Viewpark.

Modern Art Gallery

Story Telling Centre

At the session we were told stories of fairies and gala days and why we should not cut down the hawthorn buses where the fairies live, we also crafted bunting which was to be displayed in the centre.

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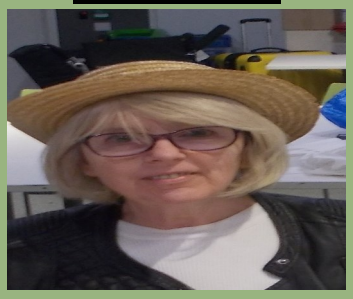

Fun with Photography was a workshop we attended at the Portrait Gallery we also had a trip into the gallery to see the portrait of The Queen which was much admired by everyone. Lesley, Monica, Mary Wood, Cathy and Betty all enjoyed the afternoon

National Donut & Sandwich Weeks

Joe tucks into a jam doughnut and he joined Kate, Lesley Mary Wood, Betty, Monica, Margaret, Gladys and Eleanor for our celebration of sandwiches a firm favourite was our pink salmon pieces

After the excesses of doughnut and sandwich week we redressed the balance with Elaine and some gentle yoga in the garden.

Spring 2019
Annual Taxi outing

Residents from all of our three homes gathered to wave the taxis on their journey to East Lothian and ice cream at Lucas

Other Activities

Residents always enjoy a trip out whether it be in the car to Aberlady and Gosford farm café or locally to the Daisy Park and the Promenade, here Betty, Joe, Eleanor, Monica, Kate and Margaret accompanied by Seb and Emma enjoy a chat and the fresh air.

A couple of ladies from Abercorn and Viewpark who enjoy the opera went to a special showing of the magic flute at the Festival Theatre and all said they had enjoyed their day .

Barge trip to Ratho with residents from Abercorn and Viewpark.

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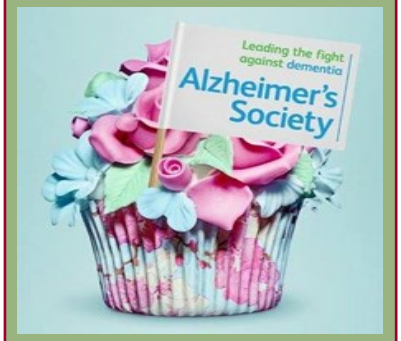

Cupcake Day

On the 13th of June residents , staff and family all gathered in Abercorn for our cupcake day we had cupcakes home made tablet and a lucky dip available and it was a great success with the result over the page, it was a lovely afternoon.

Alzheimer's Society 13 June 2019 Cupcake Day

Spring 2019

We look forward to Summer and outings to the Edinburgh Festival and Fringe by the Sea

We were delighted to raise £125 for Alzheimers thank you all for your donations

Dates for Diary

28th June Modern Art Gallery for Guided tour of the grounds and sculptures

11th July Barge Trip to Ratho

27th July Annual Strawberry Tea

23rd July Visit from Alan Midwinter for Forget Me Not workshop

Further outings and events will be announced on the Activity board

Liz Blair, & Diane Henderson

Manager & Activities Coordinator