

#### Christmas

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### A Song Was Heard At Christmas

A song was heard at Christmas

To wake the midnight sky:

A saviours birth and peace on earth

And praise to God on high

The angels sang at Christmas

With all the hosts above.

And still we sing the newborn King

His Glory and his love.

By Timothy Dudley
Smith



### Viewpark Care Home Newsletter



Christmas 2017 Newsletter



Welcome to the Christmas Newsletter.

#### Staff News

We would like to welcome Marek Drobny and Lesley Scott to the Company who has recently joined us as Support Workers, and George Dickson who has joined the Domestic team. We also would like to say welcome to Magda Showanska who has joined us as a Support Worker from the Abercorn.

We would like to say farewell and all the best to Ellen Catterall who has worked as a Staff Nurse in Viewpark for 4 years. Ellen is leaving mid January to pursue other adventures. Good Luck Ellen!



## The Great Lafayette

Born: Sigmund Neuberger on 25th February 1871 in Munich Germany

Died: 9th May 1911 in Edinburgh Scotland

Cause of Death: Theatre Fire

Resting Place:
Piershill Cemetery
Edinburgh

Occupation: Illusionist



#### The Great Lafayette

On the 13th December 2017 the home had a visit form a Company who performed The Great Lafayette for us. It was very interactive with songs and stories about how The Great Lafayette died in a theatre fire while performing in the Empire Theatre in Edinburgh. The performance also included the history of the Empire Theatre. Residents were given the theatre experience with a mock stage set up and live music. Staff became ushers and offered ice-cream at the interval.











### A Christmas Gift to You

My gift to you this Christmas
Comes tied in a pretty bow.
It's not important what's inside the box,
I just love you and wanted you to know.

By Kelly Roper





#### Cinderella Pantomime

Every year we have a Pantomime inhouse. This year it was Cinderella. Two lovely ladies performed the whole show with some staff getting involved as props!













### Honey & Spice Cookies

#### Ingredients

400g plain flour
200g butter
1 beaten egg
2 tbsp festive spice
100g golden caster sugar
2 tbsp honey
Half tsp cream of tartar
Melted dark chocolate

#### <u>Method</u>

Heat oven to 180c/160c fan/gas 4.

Rub the butter into the flour until you have fine crumbs. Stir in beaten egg, festive spices, caster sugar, honey, and the cream of tartar. Stir until soft dough forms then wrap in cling film and chill for 20mins.

Roll out dough cut into festive shapes. Bake for 10-12 mins then dip in the melted chocolate.

#### Christmas Party

We had the home's annual Christmas Party on Friday 15th December. Yvonne one of our activity coordinators arranged for the residents and staff to play games. One of the games played was Human Fruit Machine. This game consists of three members of staff holding bags with real fruit inside. Each resident had to count to three and on three the staff had to pull out a piece of fruit from the bag. If they pulled out the same fruit the resident won a prize. The other game was Play your Cards Right. Residents really enjoyed shouting higher or lower and couple managed to get a full house. After the games the residents participated in a wee quiz before they enjoyed the buffet organised by Jimmy the Chef.











### Traditional Happy Birthday Song

Happy Birthday to you

Happy Birthday to you

Happy Birthday Dear (Name)

Happy Birthday to you

From good friends and true, From old friends and new, May good luck go with you, and happiness too.



### Birthday Celebrations

Resident who celebrated their birthdays since last newsletter are; Margaret Lynch, Anne Brown, Nan Rostant, and Millie Tupman. Residents celebrate their birthdays with a home made birthday cake within the home or with family. See a couple of pictures below of residents celebrating. Happy Birthday to you all!















"happy birthday to you

#### Black Forest Christmas Fool

#### **Ingredients**

500ml double cream

Half tsp vanilla extract

2 tbsp icing sugar

250g Christmas cake or fruit cake

390g black cherries in kirsch

50g dark chocolate

#### Method:

Whisk the cream with the vanilla and icing sugar until it holds it shape.
Crumble the cake into 6 glasses then top with cherries. Dollop on the cream and drizzle with the kirsch. Scatter the chocolate on top.



#### Other Activities

Some residents enjoyed going out to the Brunton Theatre in Musselburgh to watch Beauty & the Beast just after Christmas. Residents were also entertained over the festive period with The Pottingers, A Fyne Pair, and Maria coming in to perform.

Residents continued to enjoy arts and crafts over the festive period. Making reindeers from lolly sticks, wreaths from pasta, Christmas trees from paper plates, and decorating a house from gingerbread.











#### Christmas Day Photos







#### Dates for Diary

# Relatives Cheese & Wine Evening 18th January 2017 @ 6.30pm



### Ivonne Craig, and Liz Blair

Activities Coordinator and Care Home Manager
Viewpark Care Home

