



**Happy Christmas  
Memories**

**By unknown author**



Dae ye mind o Christmas  
lang ago  
When we were only wee  
There wurnae phones  
nur laptops in the  
presents 'neath the tree  
We were happy wi a  
jigsaw  
An annual or a game  
A dolly fur the lassies  
An fur the lads a train  
An then if we were lucky  
a big selection box  
Then sometimes no sae  
lucky  
Yer granny's knitted  
socks!



# Spring Gardens Care Home Newsletter



## Christmas 2017 Newsletter



A Warm welcome to the Christmas Newsletter. A new year has begun and as we take down the decorations and pack them away for another year our residents' thoughts and conversation turn to reminiscing over the highlights of the festive period, we are delighted to share these with you in this years Christmas Newsletter.

### *Staff News*

We would like to welcome Rob Lister to the Company who has recently joined us as a chef.

We would like to wish one of our Practitioners, Siobhan McDermid all the best, Siobhan began working for Spring Gardens in 2013 as a Support Worker she started her maternity leave earlier this month as she is expecting the birth of her second child in February!





## The Great Lafayette

The famous illusionist was once gifted a dog from escape artist Harry Houdini, he named her Beauty and ensured she lived a life of luxury.



The Empire Theatre Edinburgh, now known as The Festival Theatre.



### *The Empire Presents The Great Lafayette*

On Thursday 7th December 2017 Spring Gardens enjoyed a performance of The Great Lafayette.



This interactive experience depicted the story of the fire which killed The Great Lafayette, as well as the history of the Empire Theatre. It was further enhanced as the staff took part by dressing as ushers and tickets at the door. A mock stage was set up and ice cream was on offer, the performance was thoroughly enjoyed by all!



## *Christmas Party*

Saturday the 16th of December was our annual Christmas Party. It was wonderful to see so many friends and family enjoying the Christmas cheer along with residents and staff. Everyone really got into the spirit, well done to Maureen and the staff for making it such a memorable occasion.





## Mulled Wine

[bbcgoodfood.com](http://bbcgoodfood.com)



### Ingredients

- 1 bottle red wine
- 60g/2oz demerara sugar
- 1 cinnamon stick
- grated nutmeg
- 1 orange, halved
- 1 dried bay leaf
- 60ml/2fl oz sloe or damson gin (optional)

### Method

1. Put the wine in a saucepan with the orange, sugar, bayleaf and the spices.
2. Heat gently until the sugar has dissolved. Taste to see if you want the wine sweeter, and add more sugar to taste.
3. Turn off the heat, stir in the sloe or damson gin if you are using it.
4. Strain into heatproof glasses and serve at once.

## *Pantomime*

This year the residents enjoyed a performance of Cinderella on Friday 15th of December performed by Lakeland Productions and as usual it was a roaring success!





The Happy Elf

Seven days a week  
Ev'ry week of the month  
And ev'ry month of the  
year  
He's got us making  
presents  
And I'm happy

Ev'ry girl and boy  
Gets their own kind of  
toy  
We like to fill 'em with  
joy  
We're workin' over time  
To make 'em happy

Then on Christmas eve  
We jump on big red's  
sleigh  
We don't miss a chimney  
On our jolly way

We won't stop until  
Every kid gets a fill  
Of Santa's brand of good  
will  
The thrill of spilling  
cheer  
Just makes us happy

So, if you've been good  
yourself  
You might see the happy  
elf  
Stop by your house and  
make  
You very happy.

*Other Memorable Events*

There was an unexpected visit from "Elfy" bringing presents and making us laugh.





The joyful residents of Spring Gardens Care Home!



### Other Memorable Events

#### National Hat Day



And the winner is.....Mrs Mop Head!



#### Christmas Eve Candlelight Service





**Christmas Day  
with Miss Santa!**



**Afternoon Tea  
with the Gaelic  
School Choir**



***Other Memorable Events***

Jeremy Devlin-Thorpe (local music therapist and Musician) came along to entertain us after he heard one of our booked entertainers had taken ill and cancelled. A lovely morning was spent singing carols and hymns whilst he played the keyboard.



Bruce  
Davies  
(Music in  
Hospitals)





Burns' original Scots  
verse

*Should auld acquaintance  
be forgot,  
and never brought to  
mind?*

*Should auld acquaintance  
be forgot,  
and auld lang syne?*

**CHORUS:**

*For auld lang syne, my  
jo,  
for auld lang syne,  
we'lltak' a cup o'  
kindness yet,  
for auld lang syne.*

*And surely ye'll be your  
pint-stoup!  
and surely I'll be mine!  
And we'll tak' a cup o'  
kindness yet,  
for auld lang syne.*

**CHORUS**

*We twa hae run about  
the braes,  
and pou'd the gowans  
fine;  
But we've wander'd  
mony a weary fit,  
sin' auld lang syne.*

*Dates for the diary*

**Tuesday 18th @ 2.15pm**

Roy Johnstone—Historian

**Monday 22<sup>nd</sup> @ 2pm**

Neil Robertson—Musical entertainer

**Wednesday 24<sup>th</sup> @ 2pm**

Jim Mackie—Musical entertainer

**Thursday 25<sup>th</sup> @ 2pm**

Maria's music for health

**Followed @ 5pm by**

Burns Supper

**Monday 29<sup>th</sup> @ 2.30pm**

Margo Falconer—Musical entertainer



*Happy New Year!*

*Karen*

*Karen Bravin*

*Registered Manager*

*Maureen*

*Maureen Thomson*

*Activities Coordinator*