

## SPRING



### The Tides of Spring

A wave of green has broken on the April country side sweeping round the woods and hedges like a rising tide. A mounting wave of living green rolling round the world as on twig and branch and bough the new leaves are uncurled

Lovely at this season is the flowering cherry tree like a white sailed galleon upon a restless sea, a ship adrift before the wind, a fair and graceful thing-riding on the full green waters of the tides of Spring

Patience Strong

# *Abercorn Nursing Home*

## *Newsletter*

*Spring 2017 Newsletter*



Welcome to the Spring Newsletter.

### *Staff News*

Since our winter newsletter we are pleased to welcome three new members of staff, Support Workers Debbie Smith, Claire Waddell and Shanah McLaren.

Our chef John is retiring at the end of June after many years of service with the company. John is looking forward to his retirement and we wish him well. We will be welcoming a new replacement chef in the next few weeks.

Mary McLeod has joined us from Spring Gardens as a supervisor and we are delighted to welcome Mary back.

### *Staff Training*

Emma Smith has completed her SVQ 2 training and we congratulate her. There is a continuing programme of mandatory training for all the staff and you may have seen the various student nurses who we will be welcoming over the summer months.

A few staff members have completed distance learning with Aberdeen College to further their development.





*April 2017*

At the beginning of April a group of Residents including Mrs Eleanor Murray, Mrs Lesley Morisetti, Miss Betty Gill and Mrs Mary Wood joined Diane in the Front Lounge for a reminiscence session which on this occasion was based around food and products of yesteryear. Miss Betty Gill said it had been lovely and she shared many of her memories of the time she worked in hospitality and catering.



Linda and Mrs Thora Stephens



On the 4th of April our Residents enjoyed a visit from Maria Music for Health, we enjoy gentle exercise, a quiz and support worker Linda got into the spirit of things playing the tambourine along with Mrs Gladys Falconer, Miss Betty Gill, Mrs Eleanor Murray and Mrs Mary Wood.

**“If Music be the food of love, play on”**

**William Shakespeare**



Mrs Ann Forbes was joined by her daughter Alison for Maria’s visit, residents enjoy a singalong and use tinsel batons in time to the music. Mrs Kate Robinson, Mrs Mary Wood and Mrs Eleanor Murray also enjoyed the visit



*April 2017 (Continued)*



Miss Betty Gill, Mrs Lesley Morisetti, Mrs Myra Dagleish and Mrs Kate Robinson joined residents from Viewpark in the local Daisy Park



We were lucky with the weather in April and as always many of our residents are happy to wrap up warm and enjoy the Spring weather. We recommenced our walking group which, after some discussion, residents decided to name the Abercorn Promenaders which is very apt as we are often found on Portobello Promenade, either enjoying an ice cream cone or a welcome cup of tea at the café in Portobello Baths.



Mrs Lesley Morisetti, Miss Betty Gill and Mrs Eleanor Murray enjoy a cuppa at Portobello Baths



Miss Betty Gill, Mrs Lesley Morisetti, Mrs Mary Wood, Mrs Eleanor Murray and Student Nurse Donna enjoy the Daisy Park



Once a month we join residents in Viewpark for a game of Bingo and Mrs Rena Lockhart and Mrs Elizabeth Wilson proudly show of their prizes.



April 2017 (continued)



I wandered lonely as a  
cloud  
That's floats on high o'er  
vales and hills  
When all at once I saw  
A host of golden daffodils  
William Wordsworth



Miss Betty Gill, Mr Joe Mc Pherson, Mrs Myra Dagleish, Mrs Kate Robinson, Mrs Ann Forbes, Mrs Rena Lockhart, Mrs Gladys Falconer, Mr Alex Hamilton and Mrs Mary Wood all enjoy our afternoon tea

To celebrate Easter we had our annual Daffodil Tea, we started off with the famous poem of William Wordsworth, "I Wandered Lonely as a Cloud" and Mrs Gladys Falconer impressed us with her rendition which she had remembered from her school days , we also enjoyed a singalong and felt very full after cakes and Easter eggs!



Music and Afternoon Tea at the Festival Theatre

The Festival Theatre over the summer are holding afternoon tea dances and on the 17th of April we attended the first one. We were entertained and serenaded by a duo and Mrs Eleanor Murray, Miss Betty Gill and Mrs Lesley Morisetti were joined by residents from Viewpark.





May 2017



Rough winds do shake the  
darling buds of May, and  
summers lease hath all  
too short a date

William Shakespeare



We continued to enjoy  
our walks out in spite of  
the May wind and a  
stormy sea over East  
Lothian and Portobello.  
Mrs Pat Young and her  
daughter Lesley joined  
Betty and Lesley and Mrs  
Eleanor Murray



On the 9th of May we enjoyed a trip to Dobbies which was in full bloom and bathed in warm sunshine. Mrs Pat Young and daughter Lesley, Mrs Mary Wood and residents from Viewpark.



Mrs Mary Wood and her watering can! We were joined by the resident mallard and her new brood of ducklings who had gone on a walkabout before returning to the pond .



The week commencing the 8th of May was National Doughnut Week in aid of the Childrens Trust and in its honour we had a lovely afternoon tea with doughnuts. Mrs Elizabeth Wilson, Mrs Kate Robinson, Mrs Eleanor Murray, Mr Joe McPherson, Miss Betty Gill, Mrs Lesley Morisetti, Mrs Mary Wood, Mrs Gladys Falconer, Mrs Margaret Douglas and Mrs Rena Lockhart enjoy the tea.





May 2017 (continued)

On the 11th of May we were invited by Towerbank Primary School to their concert at St Phillips Church for “Friends and Neighbours” the pupils, staff and parents also provide an afternoon tea and home baking. It is always an occasion enjoyed by ourselves and the people of Portobello and Joppa.



Mrs Eleanor Murray, Mrs Mary Wood, Mrs Mary Hoggan sit with James and David



Mrs Kate Robinson eagerly awaits the start of the concert and our afternoon tea.

On the 12th of May we ended a busy week with a visit from a new Cabaret act from Newcastle. James and David did a selection of songs from Oliver, Mary Poppins and Judy Garland. Mrs Kate Robinson spoke for residents and said “they were brilliant I hope they come back”.



Mrs Lesley Morisetti and Miss Betty Gill



Mrs Kate Robinson with Mary Poppins aka David

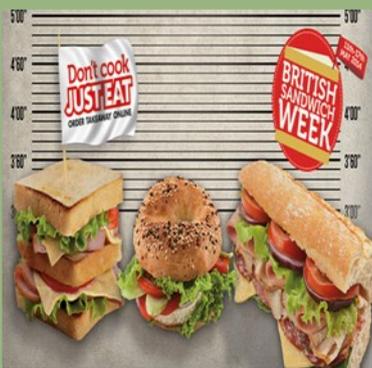


Mrs Lesley Morisetti, Miss Betty Gill, Miss Denise O’Donnell and Mrs Kate Robinson enjoy watching and singing along to Miss Judy Garland (David) and James as Dick Van Dyke with his rendition of “lets go fly a kite”. Come back soon boys!



May 2017

**BRITISH SANDWICH WEEK**



May 14th to 20th of May was British sandwich week and to celebrate we had an afternoon tea and after some discussion we decided on salmon (tinned), ham and cheese



Mrs Ann Forbes, Mrs Eleanor Murray, Mrs Mary Wood, Mr Joe McPherson, Miss Betty Gill, Mrs Lesley Morisetti and Mrs Rena Lockhart all enjoyed our afternoon tea.



Ladies from Abercorn and Viewpark enjoy the second of our visits to the Festival Theatre afternoon tea dance. Mrs Elizabeth Wilson and Mrs Lesley Morisetti said it had been very nice.



We welcomed a new singer to Abercorn on the 18th of May, Ms Liz McEwan. Miss Denise O'Donnell, Mr Alex Hamilton, Mrs Thora Stephens, Mrs Lesley Morisetti, Miss Betty Gill and Mrs Mary Wood.

During the year we continue to welcome the Therapy dogs Kai and Sophie every Wednesday evening



Mrs Ann Forbes, Mrs Mary Wood, Mrs Lesley Morisetti and Mrs Rena Lockhart all enjoyed a cuddle with the therapy dogs

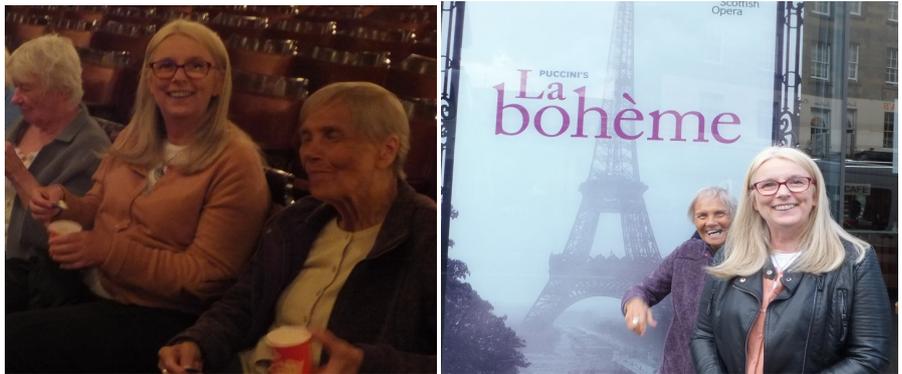


June 2017

We have been fortunate to be involved with Paul Hudson at the Edinburgh Festival Theatre and they recently put on a special showing of the opera La Boheme. Mrs Lesley Morisetti and Miss Betty Gill showed interest in going and we went on Saturday 3rd of June the ladies found the performance very moving and the festival theatre staff make us feel very welcome



On one of our weekly walks we were joined by cockapoo Indy who was visiting Viewpark Mrs Mary Wood, Mrs Eleanor Murray, Miss Betty Gill, Mrs Lesley Morisetti and Julie and Ann joined us in the Daisy Park we also met a pony on our travels



We enjoyed our first trip of 2017 on the barge on Tuesday the 6th of June and as is the way of things it was one of the wettest days of the year, however, the Tuesday crew were fantastic and had brought along their ukuleles to entertain us and definitely brightened up a wet day.



Miss Betty Gill, Mrs Lesley Morisetti and Mrs Ann Forbes



Our journey along the Union Canal takes us from Almondell to Ratho and we finish our trip at the Bridge Inn at Ratho.



**BIRTHDAYS IN ABERCORN**



Mr Alexander Hamilton



Mrs Patricia Young



Miss Mary McLean



Miss Betty Gill



Mrs Gladys Falconer

**June 2017**

We were lucky enough to enjoy a few warm days over Spring and took advantage of it in our garden, we enjoyed a strawberry split ice cream and a game of hoopla, Maureen



and Lesley enjoy a game of hoopla whilst Mrs Ann Forbes, Mrs Gladys Falconer and Mrs Rena Lockhart enjoy the cool of the lounge. Mrs Lesley Morisetti, Mrs Kate Robinson, Mrs Mary Wood and Miss Betty Gill all enjoy the warm sun.



Residents went outside to wave on the annual taxi outing to Yellowcraigs luckily we didn't get too wet! and Mrs Mary Wood also chatted to a local lady with her guide dog Woody.





June 2017

Letter to Relatives

As I write this letter we are looking forward to a longer spell of warm weather to allow us to make good use of our garden and the local area. Every morning when we do our news review the weather features heavily and often leads to reminiscence of Summer days gone by. Our memories suggest that the weather used to be better! We have recently changed our devotions to a Thursday morning this was done with residents agreement and accommodates the weekly visit from the Rev George Cruickshank who closes devotions with a eulogy and prayer. I continue to conduct regular focus groups to ask residents for their opinions on various topics the last few being new crockery, bread, flooring and decoration in the front lounge. I continue to welcome ideas from both residents and relatives for activities and possible outings. Residents recently mentioned the rail and road bridge over the Forth and I hope to put an outing in place in September.

Warm Regards  
Diane Henderson  
Activities Coordinator

*June 2017*



The Bridges at South Queensferry

*Dates for the Diary*

- 19th June : Tea Dance at Festival Theatre
- 28th June : Workshop at Portrait Gallery , Fun with costume
- 10th July : Barge trip from Ratho
- 17th July : Tea Dance at Festival Theatre
- 1st August : Workshop at Portrait Gallery, Fun with photography
- 7th August : Barge Trip from Almondell
- 22nd August : Workshop at Portrait Gallery, Reminiscence Childhood

We also hope to organise a further trip to Dobbies, South Queensferry to see the Bridges, the National Museum of Scotland and the Botanics.

*Heather Hackland and Diane Henderson*

*Deputy Manager and Activities Co-Ordinator*